

Carer support sessions 2024 at Teesside Hospice and online

‘Carer for a Coffee’ (social group)

WHEN - First Thursday of every month 10.30am - 12pm

WHERE - Training room accessed face-to-face or
via Teams link online

January 4th

February 1st

March 7th

April 4th

May 2nd

June 6th

July 4th

August 1st

September 5th

October 3rd

November 7th

December 5th

Microsoft Teams link:

Meeting ID: 359 693 989 818

Passcode: JE43vG



Carer support sessions 2024 at Teesside Hospice and online

‘Care and Share’ (sharing learning / social session)

WHEN - Third Wednesday of the month 1.30pm - 2.30pm

WHERE - Training room accessed face-to-face
or via Teams link online

January 17th

February 21st

March 20th

April 17th

May 15th

June 19th

July 17th

August 21st

September 18th

October 16th

November 20th

December 18th

Microsoft Teams

Meeting ID: 375 826 368 959

Passcode: dC2Y3L